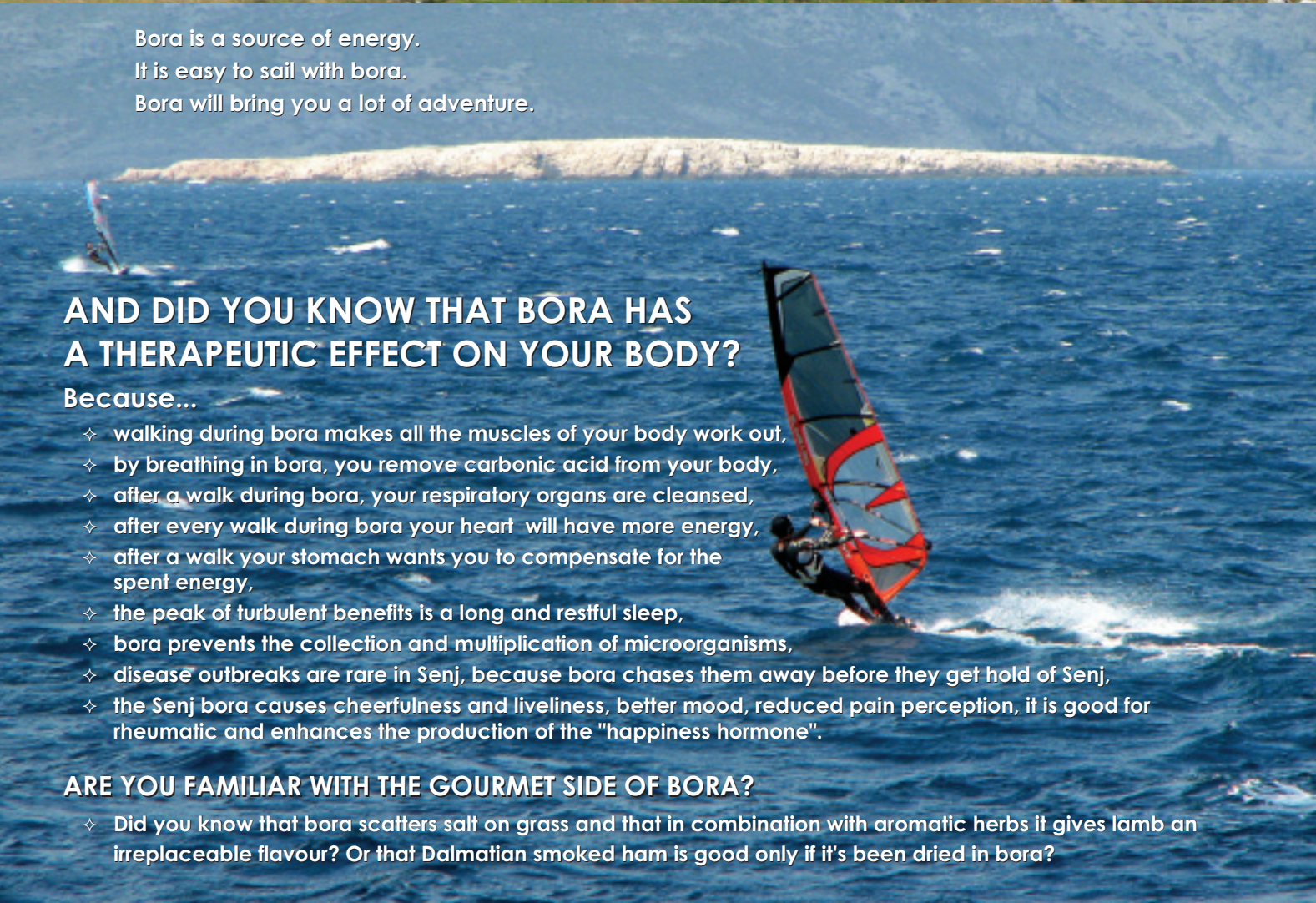




Bora is a source of energy.
It is easy to sail with bora.
Bora will bring you a lot of adventure.



AND DID YOU KNOW THAT BORA HAS A THERAPEUTIC EFFECT ON YOUR BODY?

Because...

- ✧ walking during bora makes all the muscles of your body work out,
- ✧ by breathing in bora, you remove carbonic acid from your body,
- ✧ after a walk during bora, your respiratory organs are cleansed,
- ✧ after every walk during bora your heart will have more energy,
- ✧ after a walk your stomach wants you to compensate for the spent energy,
- ✧ the peak of turbulent benefits is a long and restful sleep,
- ✧ bora prevents the collection and multiplication of microorganisms,
- ✧ disease outbreaks are rare in Senj, because bora chases them away before they get hold of Senj,
- ✧ the Senj bora causes cheerfulness and liveliness, better mood, reduced pain perception, it is good for rheumatic and enhances the production of the "happiness hormone".

ARE YOU FAMILIAR WITH THE GOURMET SIDE OF BORA?

- ✧ Did you know that bora scatters salt on grass and that in combination with aromatic herbs it gives lamb an irreplaceable flavour? Or that Dalmatian smoked ham is good only if it's been dried in bora?

Bora is bora and an adventure for everyone



The Senj inhabitants always "vote" for bora.
It is the voice of all those who have grown up here and who know how to deal with its changing nature.

We have so many bad names for bora, but we call upon it more often
"Oh, when will bora come?"

*so much
to experience*



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*If there was no bora, there would be no Senj.
If there was no Senj, there would be no bora.*

Krešimir Stanišić

THE PHENOMENON OF THE SENJ BORA



*so much
to experience*



WHAT IS THE BORA?

The Bora is a wind which occurs due to sudden changes in pressure between the land and the sea surface.

It rushes down from the continent to the sea and winding down the mountains reaches a very high speed and **blows intermittently**.

The famous **Senj bora** blows in the town of Senj after it has formed at Vratnik.



WHAT IS THE CLIMATE BROUGHT BY THE SENJ BORA LIKE?

Did you know that bora is the reason why on average Senj has:

- ✧ **2240 hours** of sunshine,
- ✧ **a maximum amount of wind** on the Croatian Adriatic,
- ✧ **33 days** of strong wind,
- ✧ **43 days** of stormy wind,
- ✧ **59 days** of "smoke on the water",
- ✧ **only 1 day** of humid heat,
- ✧ **only 1 day** of fog,
- ✧ **10 days** of snow,
- ✧ **7 days** of snow cover,
- ✧ **1 blizzard**.

Senj holds the record of the highest recorded average annual wind speed. A maximum instantaneous speed of 173 km/h was measured in 1985.

WHY IS THE SENJ BORA CONSIDERED A PHENOMENON?

Because...

- ✧ it is a result of the specific relief in inland,
- ✧ the Senj area is very windy,
- ✧ this is the windiest part of the eastern Adriatic,
- ✧ Senj is the sunniest part of the Adriatic Sea with an average of 6 hours of direct sunlight a day,
- ✧ the sunshine is very intense,
- ✧ bora is part of the life in Senj,
- ✧ bora has a healing effect on your body,
- ✧ bora results in favourable weather conditions,
- ✧ it causes one of the most beautiful sunsets,
- ✧ during summer months it decreases the heat.

PROVERBS ON BORA

You can't sail when I'm sailing!

Do not defy the bora!

The Senj bora is the ruler of Senj!

The Senj bora is Senj's sister!

Beware of the Senj bora and a girl with a moustache!

All the girls look great during bora!

There is no winter without bora!

After each bora the sky is brighter!

Bora blew what the sun didn't dry!

Bora is a clean woman - it sweeps all 4 corners of the house!

It was born in Rijeka, flourished in Senj and ended in Trieste!

Bora blows around the house, asking for bread and shoes!

LEGEND ON BORA

In popular beliefs, there are many legends about bora. One of the interesting ones was written by a Croatian writer Petar Zoranić in his novel *Mountains*. It is a folk story in which the wind is a very young and beautiful, but arrogant girl of noble birth. Because of her pride and arrogance, she refused all the suitors. She praised her beauty too much and once said she was more beautiful than immortal fairies. Because of such arrogance, God struck her by lightning and threw her into hell. Her sighs were the origin of a strong and cold wind, bora.

According to another legend, the storm was a girl tormented and wounded on the roofs and trees when someone cursed the wind. For revenge, the wind can burn down the house of the one who cursed it with a spark from a chimney. That's why the folk custom says you should never scold bora.

BAD

She was anxious,
Beating,
Screaming,
storming,
tearing,
breaking,
carried me,
she snuck around,
lashed my face,
ruffled my hair,
threatened me,
took my breath away-
wore me down.

Bora!

I have no choice but to live with her.

Ana Vukelić
1st grade, Senj high school

so much
to experience